

CUMA NEWS
WINTER & SPRING 2024
LOTS OF IMPORTANT INFO! PLEASE READ TO THE END.

IMPORTANT REMINDERS

- Students should bring a water bottle to each class.
- Please book classes for your student. Bookings are set up through the end of June. You can book up to 30 days in advance.

PRO SHOP

The 2024 Pro Shop Catalog is now available on our website and at the gym.

MARCH ORDER

If you need to place a Pro Shop order, please see Master Brown by Thursday, March 7.

INTRODUCING MASTER BROWN'S FITNESS CLUB

Who is it for?

Ages 12 & up

Anyone who is interested in support for their fitness journey (not just CUMA students)

How much?

No cost for program

Members will be responsible for any costs for planned activities

What's the plan?

Meet in person every 2 months (may be adjusted based on best arrangements for the group)

Outgoing text once per week with ideas, suggestions & encouragement

And more!

Goals for 2024

Fitness

Fellowship

Building the program for the future

Interested?

Please complete this very short survey by Saturday, March 9.

<https://forms.gle/ZXffiJXbHzpuiDpD6>

We will plan our first meeting based on survey responses.

See Master Brown if you have questions.

EVENTS & SCHEDULE NOTES

LOTS GOING ON IN MARCH!

Saturday, March 2

Teen & Adult / Advanced & Black Belt Movie Night

CONTINUED

Thursday, March 14

Bring a Friend Night

- * All Classes
- * All friends need a waiver - available on our website on the *Events* page or at the gym
- * All students who bring a friend will be entered into a drawing for a CUMA hoodie (limited sizes available)

Saturday, March 23

Briscoe Park Family Fun Day

11:00 a - 3:00 p

- * CUMA will have a table near the bounce houses offering Sword Sparring.
- * Help needed - be watching for a sign up sheet
- * All students are invited to stop by to enjoy the event and show off your sword skills.

APRIL

Special Schedule for Spring Break Week

Tuesday, April 2

5:30 p: Little Sparks

6:00 p: Open Class - all students ages 6 & up / all ranks

Thursday, April 4

Class at the Park

6:00 - 8:00 p

Briscoe Park

More info soon

No Team practice Saturday, April 6

Tuesday, April 23

April Belt Promotions

5:30 p - Little Sparks

6:00 p - Basic & Intermediate Students

No classes Thursday, April 25

No Team practice Saturday, April 27

COMING IN MAY

SPRING INTO SUMMER SALE

Thursday, May 2 through Thursday, May 9

Special Pricing on Shirts & Shorts for Summer

Plus more!

More info available in April

Celebrate the end of school with your Cornerstone Friends!

Thursday, May 23

Fun Night

More info coming soon

Master Brown

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